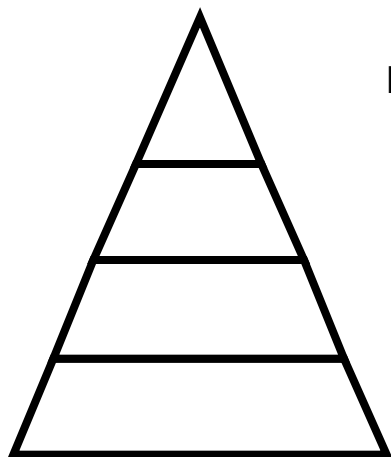


Message Notes

Exhausted by Extracurriculars

Greg Sidders

July 25, 2006



■ Turn your time tank _____.

Colossians 1:16

Matthew 22:36-38

John 15:5

Jeremiah 2:13

Matthew 19:5-6

Ephesians 5:25, 28, 33

Ecclesiastes 4:8

■ Spend time together in _____.

The secret to _____

is _____.

Ephesians 5:22-33

1 Peter 3:7

1 Corinthians 7:3-5

Titus 2:4

Questions for Family Discussion

Exhausted by Extracurriculars

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1. Do you think the culture we live in is marriage-friendly? Why or why not?
2. Build your own priority pyramid, using these four blocks: work, children, spouse, God. Why did you choose the order you did? Which priority do you fail to pursue as you should?
3. Read Matthew 22:36-38. Where does time with God fit into your schedule? What could you do, every day for the next week, to make time with Him a higher priority?
4. Read Ephesians 5:25 and Titus 2:4. How do you carve out time with your spouse in the midst of "toxic busyness"?
5. Read Acts 20:35. What do you think are your spouse's top two needs? How have you sought to meet those needs in the past week?